



American Heritage School

Student Uniform Policy

(Updated November 2011)
Parent Handbook Section 12

This student uniform policy, as found in American Heritage School’s Parent Handbook, is provided to help students and families understand AHS uniform purposes and requirements.

Purposes and Implementation	Dress Standards
<p>We believe that properly wearing the uniform:</p> <ul style="list-style-type: none"> • displays unity, modesty, neatness, and dignity; • demonstrates respect for self, education, teachers, and fellow students; • facilitates focus on learning and service, rather than on clothing and accessories; • supports an appropriate distinction between the genders; and • reminds students of their commitment to live by the American Heritage Mission Statement. <p>Students wearing the proper uniform will be admitted to class; the uniform standard will remain in place until 3:30 p.m. daily.</p> <p>We trust that students and parents will govern themselves by the spirit of the uniform policy. Many items and variations are not specifically prohibited but are outside the spirit of the policy and thus are not permitted.</p> <p>Definitions for terms used in the uniform policy:</p> <ul style="list-style-type: none"> • Conservative: <i>Restrained; avoiding showiness</i> • Modest: <i>Modesty excludes short skirts, tight clothing, and other revealing attire</i> • Non-distracting: <i>Not drawing attention to oneself</i> • Small: <i>Fine, minute, diminutive, slender, thin, little, of small diameter</i> • Subtle: <i>Fine, thin, delicate, slight, faint, refined, difficult to perceive</i> <p>Please refer to the AHS website for complete information about the uniform, including full-color photos, ordering information, FAQ’s, shopping lists, and the current official uniform policy.</p>	<ul style="list-style-type: none"> • Clothing should fit appropriately (neither tight nor baggy). Pants and skirts should be worn at or above the top of the hipbone. • Skirts, shifts, jumpers, and skorts must touch the kneecap. K-12 girls must wear snug-fitting black or navy shorts daily under skirts, shifts, jumpers, and skorts (except when wearing approved leggings—see page 4 for details). Shorts may not extend below the hemline of the uniform. • Shirts must be tucked in at all times. • Sleeves may not be rolled up. • Undershirts and camisoles must be plain white. Undershirt sleeves may not extend beyond the cuff of the uniform sleeve. • Socks must be worn at all times. Alternatively, girls may wear tights; high school girls may wear nylons (see page 4 for details). • Only uniform jackets and sweaters are permitted in the building and may not be worn around the waist. Personal coats or jackets may not be worn in the building. • Hats and baseball caps may not be worn during school hours (with the exception of a winter hat outside for warmth). • Professional team logos are not allowed on campus.

BOYS

Elementary (K-6)	
<p>Dress Uniform, required on Fridays (<i>Items may also be worn Monday-Thursday</i>)</p> <ul style="list-style-type: none"> • *Navy pants • *White oxford shirt <ul style="list-style-type: none"> ◦ Long-sleeved required for all special events ◦ Long- or short-sleeved permitted on Fridays • *Solid navy tie • Black or navy socks (must rise at least 3” above the ankle) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ◦ Dress shoes (black, navy, or dark brown) required all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • *Navy pants or *navy knee-length shorts • *Polo (red/white, LS/SS) or *turtleneck (red/white) • Navy polyester *vest, *cardigan, or *pullover • Navy Polartec *vest or *jacket • Black, navy, or white socks (must rise at least 3” above the ankle) • Secure-fitting athletic shoes with non-marking sole (required for P.E.) • Black, navy, dark brown, or white shoes (see pg. 4 for details) • Cub/Boy Scout uniform may be worn on Scout days
Middle School (7-8)	
<p>DRESS uniform, required on Fridays (<i>Items may also be worn Monday-Thursday</i>)</p> <ul style="list-style-type: none"> • *Navy pants • *White oxford shirt <ul style="list-style-type: none"> ◦ Long-sleeved required for all special events ◦ Long- or short-sleeved permitted on Fridays • *Solid red tie • Black or navy socks (must rise at least 3” above the ankle) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ◦ Dress shoes (black, navy, or dark brown) required all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-6 items except knee-length shorts • *Navy quarter-zip jacket <p style="text-align: center;">P.E. uniform</p> <ul style="list-style-type: none"> • *White short-sleeved shirt with AHS logo • *Navy sweatpants with AHS logo (recommended for cold weather) and/or shorts • Secure-fitting athletic shoes with non-marking sole
High School (9-12)	
<p>DRESS uniform, required on Fridays (<i>Items may also be worn Monday-Thursday</i>)</p> <ul style="list-style-type: none"> • *Navy blazer • *White oxford shirt (long- or short-sleeved) • *Khaki pants • *Albury tie • Black, dark brown, or Dennis khaki socks (must rise at least 3” above the ankle) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ◦ Dress shoes (black, navy, or dark brown) required all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-8 items • *Navy or *green, or *yellow polo; *royal blue polo for 12th grade only • *Blue oxford (LS/SS) • Conservative ties • *Forest green quarter-zip jacket <p style="text-align: center;">P.E. uniform</p> <ul style="list-style-type: none"> • *White short-sleeved shirt with AHS logo • *Navy sweatpants with AHS logo (recommended for cold weather) and/or shorts • Secure-fitting athletic shoes with non-marking sole

Items marked with an asterisk () must be purchased from Dennis Uniform Company.

GIRLS

Elementary (K-6)	
<p>DRESS uniform, required on Fridays (<i>Items may also be worn Monday-Thursday</i>)</p> <ul style="list-style-type: none"> • *Macbeth plaid shift • *White Peter-Pan collar blouse <ul style="list-style-type: none"> ◦ Long-sleeved required for all special events ◦ Long- or short-sleeved permitted on Fridays • Black or navy tights or knee socks • Snug-fitting shorts (black or navy) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ◦ Dress shoes (black, navy, or dark brown) required all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • Macbeth plaid *skort or *split-front jumper • *Polo (red/white, LS/SS) or *turtleneck (red/white) • Navy polyester *vest, *cardigan, or *pullover • Navy Polartec *vest or *jacket • Snug-fitting black or navy shorts are required daily unless wearing approved leggings • Black or navy leggings (approved styles only) • Socks or tights (black, navy, or white)—must rise at least 3” above the ankle • Black, dark brown, navy, or white shoes • Secure-fitting athletic shoes with non-marking sole (required for P.E.)
Middle School (7-8)	
<p>DRESS uniform, required on Fridays (<i>Items may also be worn Monday-Thursday</i>)</p> <ul style="list-style-type: none"> • *White oxford <ul style="list-style-type: none"> ◦ Long-sleeved required for all special events ◦ Long- or short-sleeved permitted on Fridays • *Navy box-pleat skirt • *Navy sweater vest • *Red crossover tie • Navy tights • Snug-fitting shorts (black or navy) • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ◦ Dress shoes (black, navy, or dark brown) required all special events 	<p>REGULAR uniform, permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-6 items except white tights and leggings • *Navy hip-pleat skirt • *Macbeth plaid box-pleat skirt • *Navy quarter-zip jacket • Snug-fitting black or navy shorts must be worn daily <p style="text-align: center;">P.E. uniform</p> <ul style="list-style-type: none"> • *Heather-grey short-sleeved shirt with AHS logo • *Navy sweatpants with AHS logo (recommended for cold weather) and/or shorts • Secure-fitting athletic shoes with non-marking sole
High School (9-12)	
<p>DRESS uniform, required on Fridays (<i>Items may also be worn Monday-Thursday</i>)</p> <ul style="list-style-type: none"> • *Navy blazer • *White oxford (long- or short-sleeved) • *Khaki box-pleat skirt • *Albury crossover tie • Snug-fitting shorts (black or navy) • Tan nylons or unpatterned, opaque navy tights <ul style="list-style-type: none"> ◦ Tan nylons required for all special events • Solid, dark shoes (black, navy, or dark brown) <ul style="list-style-type: none"> ◦ Dress shoes (black, navy, or dark brown) required all special events 	<p>REGULAR uniform permitted Monday-Thursday</p> <ul style="list-style-type: none"> • All K-8 items except white tights and leggings • *Khaki pleated skirt • *Navy or *green, or *yellow polo; *royal blue polo for 12th grade only • *Blue oxford (LS/SS) • *Forest green quarter-zip jacket • Snug-fitting black or navy shorts must be worn daily • Black, navy, or tan nylons <p style="text-align: center;">P.E. uniform</p> <ul style="list-style-type: none"> • *Heather-grey short-sleeved shirt with AHS logo • *Navy sweatpants with AHS logo (recommended for cold weather) and/or shorts • Secure-fitting athletic shoes with non-marking sole

Items marked with an asterisk () must be purchased from Dennis Uniform Company.

Socks, Tights, Nylons, Leggings, & Shorts	Shoes
<ul style="list-style-type: none"> • Socks <ul style="list-style-type: none"> ◦ Solid black, navy, or white <ul style="list-style-type: none"> ▪ 9-12 boys may also wear khaki or dark brown ◦ Knee-high or mid-length (must rise at least 3” above the ankle) • Tights (must be waist-high) <ul style="list-style-type: none"> ◦ K-6 may wear solid black, navy, or white (cable or opaque) ◦ 7-12 may wear unpatterned, opaque black or navy • Nylons <ul style="list-style-type: none"> ◦ 9-12 only ◦ Black, navy, or tan ◦ Must be waist-high • Leggings (K-6 only) <ul style="list-style-type: none"> ◦ <i>Lands’ End</i> (style 24468-1) or <i>Lands’ End Canvas</i> (style 393432D13) only ◦ Black or navy ◦ Hemline must cover the ankle • Shorts must be worn daily under skirts, shifts, skorts, and jumpers (except when wearing leggings, above) <ul style="list-style-type: none"> ◦ Snug-fitting black or navy shorts only ◦ May not extend below the hemline of the uniform 	<ul style="list-style-type: none"> • Shoes <ul style="list-style-type: none"> ◦ Secure-fitting and conservative in color, style, and appearance ◦ Flat or low-heeled (less than one inch) ◦ Black, navy, dark brown, grey, or white <ul style="list-style-type: none"> ▪ 9-12 boys may also wear Dennis khaki ◦ Laces must be worn in shoes intended to have laces; both laces must be solid black, navy, dark brown, or white. ◦ No rollers, lights, characters, slippers, moccasins, moccasin styles, open toes, open heels, bold or distracting designs (including plaid, checkered, polka-dotted, floral, heavily-striped), etc. ◦ P.E. shoes must have a secure fit and non-marking sole, be appropriate and comfortable for athletic activity, and be suitable for both indoor and outdoor activities. ◦ <i>Subtle</i> accents are permitted on athletic shoes ◦ Boots, including snow and dress boots, may not be worn in the building. Students may change into snow boots for recess.
Grooming	Accessories
<ul style="list-style-type: none"> • Hairstyles should be neat and clean, avoiding extreme and distracting colors and styles. Boys’ hairstyles should be trimmed above the collar, leaving the ear uncovered. Sideburns should not extend below the earlobe or onto the cheek. Young men should be clean-shaven. • Makeup should be subtle and conservative. No glitter. • Nail polish should be a transparent, natural color. • Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or markers. No body piercing is allowed, except for a single piercing in each ear for girls. • Clothing should be well-maintained (properly hemmed, unstained, free from holes and fading, etc.). 	<ul style="list-style-type: none"> • The standard for all accessories is small, conservative, subtle, and non-distracting (see definitions on pg. 1). • Hair ornaments must be Macbeth plaid or solid black, white, brown, navy, red, gold, or silver. • Jewelry <ul style="list-style-type: none"> ◦ Boys may wear watches & CTR rings only. ◦ Girls’ earrings must be a matching pair. <ul style="list-style-type: none"> ▪ K-12 may wear non-dangling studs ▪ 7-12 may also wear simple gold or silver earrings that are smaller than one inch • Girls may wear a single necklace, which should fall above the third button on the shirt (choker-style necklaces are not permitted). • Rings are limited to one per hand. • No bracelets (including bracelet-style watchbands), wristbands, or anklets. • Boys may wear a solid black or brown belt. • Scarves may not be worn. • Eyeglasses must have prescription lenses. Sunglasses may not be worn in the building.

*Please see pages 2 and 3 for specific directions on which items may be worn on specific days