



AMERICAN HERITAGE  
SCHOOL & FAMILY EDUCATION CENTER

August 2, 2016

Dear American Heritage School Middle & High School Families,

Welcome back to school! Allow me to introduce myself. My name is Stacy Wood and I am delighted to join you as the full time school counselor for the 2016-2017 school year. As your school counselor I am primarily invested in helping parents and students navigate through the middle and high school years and beyond. I provide academic, social and emotional support and resources to all students. I enjoy being a student advocate.

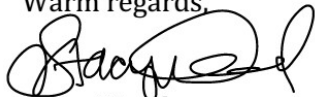
One of the most important services I hope you take advantage of this year is a yearly individual student meeting. Each student and parent will have the unique opportunity to meet with me to discuss the student's College, Career and Life Readiness (CCLR, pronounced "clear") plan. In this meeting we will map out high school, college, career and life goals, identify student strengths and areas of improvement and gather resources for personal and academic success (i.e. financial aid, scholarships, ACT/SAT, coping skills, student wellbeing etc.). More information will be forthcoming about specific dates for each grade level CCLR meeting times.

You should know that my favorite part about being a school counselor is meeting with families, especially students. Building and maintaining strong, trusting, fun relationships is imperative in school counseling. Therefore there will be several events throughout the school year where we will have the opportunity to get to know each other better while learning and gaining knowledge. Here is a list of some of the new events from the Counseling Center this year:

- Utah College Application Week (November 7-11, ALL Seniors apply to college)
- Regents' Scholarship Application Day
- Get to Know You Bingo
- Cookies with the Counselor
- 9<sup>th</sup> Grade High School Welcome
- 12<sup>th</sup> Grade High School Orientation
- College Information Night
- FAFSA Completion Night

Once again, thank you for the warm welcome into the AHS family. I look forward to meeting with you! Please feel free to contact me with any questions. My office is in the main office, across the hall from the administrators (formerly Leland Anderson's office). Stop by, shoot an email or give me a call. I am ready to help.

Warm regards,



Stacy Wood  
School Counselor  
American Heritage School  
srwood@ahsmail.com